1. Negative attitudes and beliefs. This can cause people to experience shame about having a mental illness and to put off treatment or avoid seeking treatment altogether.

2. Limited ______ of medication and health professionals. This refers to how available or not available a thing is. Mental health services and providers may not be available and members of marginalized communities may not have the financial or physical means to travel to the nearest town that offers mental health services.

3. ______ limitations. Defined as a written contract or agreement adopted by a government, party, business, or individual. The WHO cites a global lack of comprehensive mental health policies which are crucial for implementing and coordinating care services, as one of the main barriers to public access to mental health care.

4. Mistreatment at the hands of medical professionals and generations of racism have caused many Black Americans to ______ the US health care system. Defined as the feeling that someone or something cannot be trusted or relied upon.

5. Provider ______ and inequality of care. Defined as prejudice in favor of one thing or against one thing, mistreatment at the hands of medical professionals and generations of racism have caused many Black Americans to ______ the US health care system. Defined as the feeling that someone or something cannot be trusted or relied upon.
person, or group, usually in a way considered to be unfair. Can be both conscious and unconscious.

7. ______ Disparities. Refers to social standing or class of an individual or group, often measured as combination of education, income and occupation. This can result in lack of access to health, educational, social and economic resources. The Black community and other communities of color are more likely to experience this.