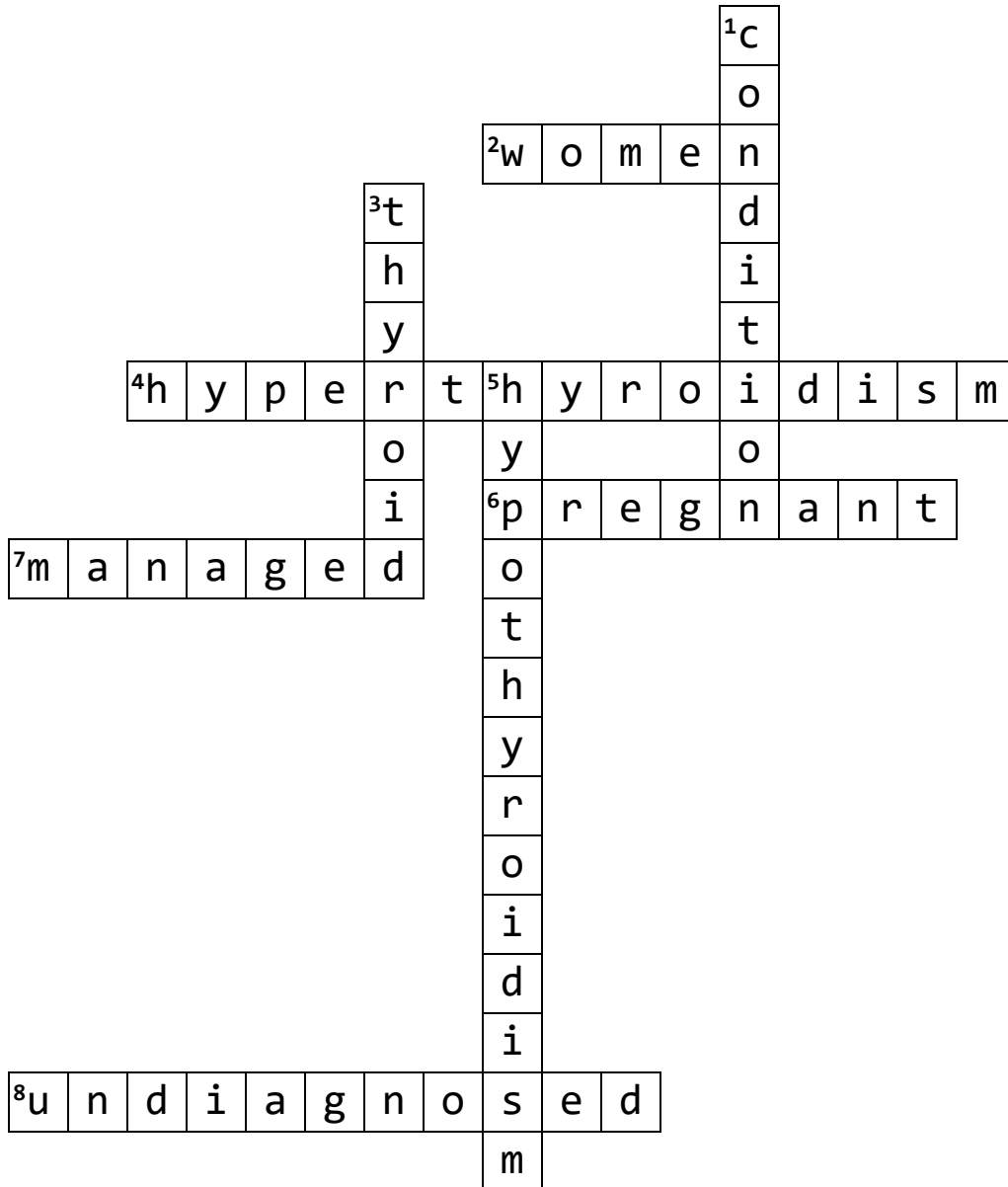


January 23, 2023 - Thyroid Awareness Month (sources: American Thyroid Association, Pacific Neuroscience Institute, National Institutes of Health)



Across

- _____ are 5 to 8 times more likely than men to have thyroid problems.
- _____ is a condition which causes the thyroid gland to produce too much thyroid hormone. Symptoms include irritability, nervousness, muscle weakness, unexplained weight loss, sleep disturbances, vision problems, and eye irritation.
- _____ people with undiagnosed or inadequately treated hypothyroidism have an increased risk of miscarriage, preterm delivery, and severe developmental problems in their children.

Down

- More than 12% of the United States population will develop a thyroid _____ in their lifetime.
- The _____ is a butterfly-shaped endocrine gland located in the lower front of the neck. It controls the body's metabolism.
- _____ is a condition where the thyroid gland doesn't produce enough thyroid hormone. Symptoms include extreme fatigue, depression, forgetfulness, and weight gain.

7. Most thyroid diseases are life-long conditions that can be _____ with medical attention.

8. _____ thyroid conditions can put patients at risk for serious health conditions, including cardiovascular diseases, osteoporosis, and infertility.