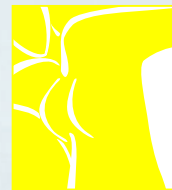


2021 Annual Report

PROOF

BY THE PEOPLE, FOR THE PEOPLE

A year of grassroots activism and empowering the public



**NATIONAL
WOMEN'S
HEALTH
NETWORK**

A VOICE FOR WOMEN, A NETWORK FOR CHANGE



We improve the health of all women by developing and promoting a critical analysis of health issues in order to affect policy and support consumer decision-making.

2021 ACCOMPLISHMENTS

Raising Women's Voices (RWV) for the Health Care We Need

- With the NWHN's assistance, **25 Raising Women's Voices (RWV) Regional Coordinators (RCs) continued to provide emergency COVID-19 relief to struggling women across the nation**, all while continuing to work virtually. The Afiya Center in Dallas, Texas provided thousands of dollars in direct financial aid, found people apartments, and facilitated releases from overcrowded jails. SisterReach in Memphis TN created a COVID-19 emergency fund that has helped over 2,000 families with food security, housing, and utility services. And in Arizona, Trans Queer Pueblo (TQP), created a radical well-being fund that helped raise over \$50,000 for the community to help with rent, groceries, and bills.
- **The first-ever RWV Pregnancy and Oral Health summit held virtually November 16th – 18th was a roaring success.** Hundreds of advocates from states with little or no Medicaid coverage for dental care during pregnancy convened to learn about policy options and advocacy strategies for improving coverage and access to care in their states. Participants also learned about a pilot project in NYC which integrates dental care into a pre-natal health clinic serving low-income patients, and about how doulas, dental therapists, and community health workers can help improve awareness about the need for dental care among pregnant people.
- Chloe Mondesir began in July 2021 as the new coordinator for all RWV activities. She got right to work building relationships with stakeholders and utilized her considerable networking and public speaking skills in service of an RWV fundraiser just two months after



her start date. The Catalysts of Change fundraiser, held on September 30th, highlighted the work of five emerging women's health activists **and raised over \$15,000 in direct program support.**

Challenging Dangerous Drugs and Devices

- The COVID-19 pandemic created an enormous public health emergency and financial crisis, which fell particularly hard on women and Black, Indigenous, and other people of color. The NWHN responded to this crisis **by creating a wealth of resources to help our members navigate changing public safety protocols, push for public policy change, and learn more about emerging COVID drugs and vaccines.** Specifically, we were one of the first organizations to explore how the COVID-19 vaccine can affect menstruation, whether the vaccine is safe for pregnant and lactating individuals, and what we know about the Johnson & Johnson vaccine's safety for women. All our COVID-related materials can be found on our COVID-19 landing page, which is updated weekly with the latest news and scientific developments.



Volunteer Health Officer
Program

- In December of 2021, **the NWHN began recruiting doctors, nurses, PhDs in medical education, and other qualified medical professionals for the new Volunteer Health Officer program.** These VHOs will now support NWHN staff as they answer member questions, and are in the midst of a project to update and expand consumer health information on our website so that it reflects the latest research and is more responsive to the public's needs. Over 40 web pages on topics like osteoporosis, UTIs, sex drugs for women, period tracking apps, and more are set to be expanded with the help of the VHOs in the coming months.

PROOF

Securing Sexual and Reproductive Health and Autonomy

- The NWHN's #MailTheAbortionPill campaign to eliminate politically motivated and medically unnecessary restrictions on this safe and effective treatment paid off! Thanks to advocacy arguments and specific language crafted by the NWHN, **the FDA permanently removed medically unnecessary access restrictions to the abortion pill in December of 2021.** It is no longer necessary to have these drugs dispersed in-person, which will improve access to this life-saving medication as we brace for a likely post-Roe America.
- The NWHN was one of the first organizations in 2021 to create and disseminate a comprehensive digital Abortion Access Guide geared towards at-risk women in states with restrictive abortion laws. To date, this guide and companion web pages have been accessed by **over a quarter million people** looking for trustworthy information on how to obtain abortions and other related services. You can find and share the guide at www.nwhn.org/syaabortionaccess2021.
- The NWHN identified a need amongst young people engaging with us online for high-quality sexual education, and we sprang into action. **In 2021 we launched our now wildly popular #SexEdSaturday series**, an Instagram campaign that leverages sexual health expertise and activist art to make information on topics like consent, sexually transmitted infections, and healthy intimacy practices in relationships more accessible to the public. You can access the latest #SexEdSaturday posts right on our home page at www.nwhn.org.



From January to November of 2021, the Network hosted, co-sponsored, or provided technical assistance for the following virtual events:

- The Spring Virtual Awards honoring five emerging activists taking the women's health world by storm.
- A Disaster Preparedness webinar co-hosted by FEMA and tailored to our supporter's needs.
- Free the Pill: From Righteous Disruption to Over-the-Counter Advocacy hosted by former NWHN Executive Director Cindy Pearson.
- Catalysts of Change, a virtual fundraising event showcasing grassroots health activists and Raising Women's Voices regional coordinators.
- The Pregnancy & Dental Care convening facilitated by Raising Women's Voices that helped frame a lack of dental care before, during, and after pregnancy as a reproductive justice issue.
- A webinar exploring the intersections of hair discrimination, chemicals in cosmetics, and women's health, co-hosted by the NWHN and Black Women for Wellness.

Leadership

THE NATIONAL WOMEN'S HEALTH NETWORK IS GOVERNED BY A COMMITTED AND TALENTED BOARD OF DIRECTORS THAT IS ELECTED TO A FOUR-YEAR TERM. THE FOLLOWING INDIVIDUALS SERVED ON THE BOARD IN 2021:

EXECUTIVE DIRECTORS

Cindy Pearson
Mayra Jacqueline Ferreira

CHAIR

Sequoia Ayala

ADMINISTRATIVE VICE CHAIR

Kentina Washington-Leapheart

ACTION VICE CHAIR

Yamini Oseguera-Bhatnagar

TREASURER

Tiffany Reed

SECRETARY

Joy Eckert

Lacey Alexander

Ndidiamaka Amutah-Onukagha

Abigail Arons

Mae-Gilene Begay

Leslie Diaz

Meredith Field

Nadiyah Mohajir

Kim Robinson

Francine Thompson

“The Network, like all of us, has been through a lot in the past couple of years. Last year, our longstanding Executive Director, Cindy Pearson, retired after decades of leadership. Other familiar faces, on the staff and on the board, ended their tenure with the organization. And we all continue to face the fear and tumult of a devastating pandemic. The Board had a lot to learn during this time – but we answered the charge, and have made it to a better place. We have an interim Executive Director who is leading the way to a new chapter of our work and helping us draw the map to get there. We have a new Director of Policy and Partnerships who is reshaping our agenda to focus on the most critical issues in women's health today. We have a new Board Chair who is quickly learning the ropes and striving to keep pace. And we have a former Board Chair stepping back onto the Executive Committee as Vice Chair. No matter what happens, the Network will still be here. We have been through a lot – we all have – and we are still fighting, together.”

– A message from Abigail Arons, 2022 Board Chair, and Kimberly Robinson, 2022 Vice Chair

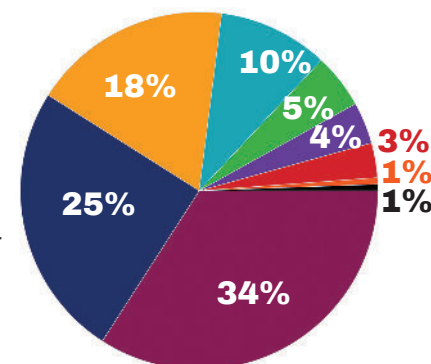
OUR EVENTS 2021

2021 FINANCIAL STATEMENT

Total Income.	\$1,837,145
Total Expense.	\$1,613,022
Beginning Net Assets.	\$606,111
Change in Net Assets.	\$224,123
Ending Net Assets.	\$830,234

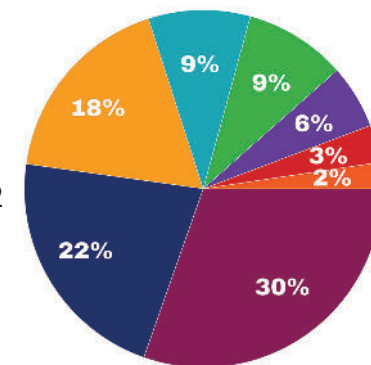
INCOME

- Sponsored Projects** \$1,030,980
- Donations** \$751,532
- Grants** \$545,000
- Membership** \$300,692
- Bequests** \$149,881
- Google Adwords In Kind** \$113,644
- Fiscal Sponsor Fees** \$95,069
- Annual Event** \$17,927
- Other Income** \$17,448



EXPENSES

- Sponsored Programs** \$700,032
- Member Services** \$502,650
- Communications** \$410,615
- Raising Women's Voices** \$212,272
- Health Policy** \$212,161
- Board** \$132,737
- Fundraising** \$78,195
- Administration** \$54,648



NATIONAL WOMEN'S HEALTH NETWORK

A VOICE FOR WOMEN, A NETWORK FOR CHANGE

1413 K STREET, NW
SUITE 400
WASHINGTON, DC 20005-3459
202-682-2640
nwhn@nwhn.org

Follow us!



FACEBOOK: FACEBOOK.COM/THENWHN



INSTAGRAM: THENWHN



TWITTER: @THENWHN, @RWV4HEALTHCARE

www.nwhn.org

2021 NWHN DONORS

Individual Donors

\$10,000+

Anonymous (2)
Elaine M. Budin*
Helen Conroy
Kenneth Malcolm Jones
Louis Kampf*
Sarah M. Pritchard
Catherine and Ernest Schurian

\$5,000-\$9,999

Anonymous (3)
Alan Appelbaum
Abigail D. Faulkner
Elaine F. Greene
Tara M. Stevens
Frances E. Storey
Jennine Williamson
Jane Sprague Zones, Ph. D.
Mr. Stacey Zones

\$2,500-\$4,999

Anonymous (2)
Patience Browne
Janet M. Conn
Barbara Gold, M.D. and
Stephen Gold
Robert McGregor
Ruth Minka, D.C.
Nancy L. Neff
Jane Pincus
Susan B. Sasser
Roberta J. Silverstein
Jan E. Thomas
Mindy Thompson
Stephanie Vargas
Kathy W. Walker
Carolyn R. Weller

\$1,000-\$2,499

Anonymous(7)
Maya Abels
Jessica Agnew-Blais
Elizabeth Alpert
Lynn S. Appelbaum
Rosemary E. Armstrong
Paula M. Block-Levor
Nina Blumenfeld
Jyl Boline
Pamela S. Burdman
Wendy Chavkin
Francine Coeytaux
Naomi W. Cohen
Betty J. Dietrich
Susan G. Doering
Ruth S. Dunlop
Laura Dunn
Joy C. Eckert
Pearl Elias
Tessa H. Epstein
Janelle Gentry
Emily M. Gerard

Susan Johann Gilardi
Nancy C. Gilliland
Judy B. Harrington
Betty J. Irvine
Kaethe Kauffman
Paula Kavanaugh
Patty Kay
Clare Kirby
Joan A. Kirchheimer
Pamela Kobusch
Joan O. Lautenberger
Diane Lauver, Ph.D.
Marta Jo Lawrence
Pamela Linov
Geri Levine Loe
Meika Loe and Matt Alinger
Sally Lord
Ann Malester
Melanie Mayron
Lana L. Miller
Deborah Narrigan
Karen and Stephen Nicholls
Nancy J. Noel
Karen W. Owen
Andrea R. Pergament
Nicole Quon
Irene P. Rabinor
Tiffany Reed
Elsbeth A. Reisen
Yvette J. Rudnitzky
Sally J. Rynne
Jerry-Grace and Bruce Sadler
Amy L. Saldinger
Elizabeth Schraft
Mary K. Schroth, M.D.
Celia Schuchman
Steve Shapiro and Gail Brown
Tobyanne Sidman
Francine Stieglitz
Martha Stiles
Barton Tessler
Joyce Thibodeaux
Letty Vanderlinden
Lise Vogel
Nancy J. Ward
Trudy and Ted Winsberg
Holly Wohl
Alice J. Wolfson, J.D.
Lee Wurm

Deborah Cramer
Laura Derman
Kareen S. Donegan
Alice W. Dunn
Ann C. Evans
Christopher Fagan
Raymond F. Fangboner
Jill S. Feldman
Ann Mary Francis
Judith Goldberger, R.N.
Susan Goldman
Patricia Goldring
Anu Manchikanti Gomez
Barbara E. Goodman
Caryl I. Goodman
Sallie E. Gratch
Susan B. Hamilton-Clark
Maxine Heiliger
Joanna Heitz
Megan Hill
Maya Honda
Suzanne Imes
Marsha S. Jackson
Betty Jordan
Lisa Kaminir
Elaine Kant
Laura K. Kaplan
Neal Kirby
Donna S. Kohlhepp
William and Diane Kreuger
Deborah Kutzko and Beth Mintz
Bobbi Lewis
Melanie W. Loo
Vicki Lucas, Ph.D.
Alicia A. Lucksted
Anastasia and William Lyman
Wendy MacKenzie
Iris Magidson
Carol Marine
Anne Masloski
Kathleen Mavournin
Katharine Muirhead
Ruth K. Nash
Catharine Newbury
Cordelia Ontiveros
Jeff Peacock
Cynthia A. Pearson
Jennifer Dann Phillips
Laura Purdy
Kathryn Radke, Ph.D.

\$500-\$999

Anonymous (4)
Julia Ackley
Lacey Alexander
Ndidiamaka Amutah-Onukagbo
Kathryn Anastos, M.D.
Megan Anderson
Sylvia Ann Arey
Erin Armstrong
Madeleine J. Arnow
Abigail Arons
Ruth Joy Aruquete
Angela Bedenbaugh
Joyce Blalock

Lynn Bloom
Linda Bollag
Elaine S. Brummett
Kirsten H. Burkey
Lisa Caldwell
Ruth Carter
Jane Case Einbender
Ellen D. Cassedy
Patricia Chick
Ronnie E. Cimprich
Faith Collins
Barbara A. Comiskey
Melinda Cooper
Judith A. Costlow
Deborah Cramer
Laura Derman
Kareen S. Donegan
Alice W. Dunn
Ann C. Evans
Christopher Fagan
Raymond F. Fangboner
Jill S. Feldman
Ann Mary Francis
Judith Goldberger, R.N.
Susan Goldman
Patricia Goldring
Anu Manchikanti Gomez
Barbara E. Goodman
Caryl I. Goodman
Sallie E. Gratch
Susan B. Hamilton-Clark
Maxine Heiliger
Joanna Heitz
Megan Hill
Maya Honda
Suzanne Imes
Marsha S. Jackson
Betty Jordan
Lisa Kaminir
Elaine Kant
Laura K. Kaplan
Neal Kirby
Donna S. Kohlhepp
William and Diane Kreuger
Deborah Kutzko and Beth Mintz
Bobbi Lewis
Melanie W. Loo
Vicki Lucas, Ph.D.
Alicia A. Lucksted
Anastasia and William Lyman
Wendy MacKenzie
Iris Magidson
Carol Marine
Anne Masloski
Kathleen Mavournin
Katharine Muirhead
Ruth K. Nash
Catharine Newbury
Cordelia Ontiveros
Jeff Peacock
Cynthia A. Pearson
Jennifer Dann Phillips
Laura Purdy
Kathryn Radke, Ph.D.

\$250-499

Anonymous (6)
Martha Ackelsberg
Ann T. Allen
Amy M. Almeida
Suzanne Antisdell
Rima D. Apple
Sequoia Ayala
Judith S. Bain
David Baker
Cecilia Ball
Complacent Band
Jerry Banks
Ami Barker
Tina Barnet
Marcia D. Baugh
Cinda L. Berry
Margaret C. Bowles
Nancy Breen
Elisa Breton
Miriam Breyer
Elyse A. Brill
Sheila Brown
Gloria J. Callaci
Margaret Carey Best
Ginny Cassidy-Brinn
Norma Castle
Ventura Y. Chalom

Lindsay C. Ralphs
Sheila Ramgopal
Amy Reichert
Martha K. Richardson
Patricia S. Richmond
Edna N. Roberts
Kathi Roisen
Jordan Rose
Andee D. Rubin
Dianne Saffholm
Nancy Shanfeld
Betty E. Shave
Valerie Shulock
Christina Simmons
Maria Simon
Marilyn R. Smits
Joyce E. Solomon
Janet M. Stallmeyer
Verena Stocker
Andrew Stone and
Sarah Bishop Stone
John W. Street
Judith Tattelbaum
Diana Taylor
Kathryn N. Taylor
Roger Telschow
Francine Thompson
Pat Tucker
Gail Van Haren
Margaret B. Watkins
Sally Weiler
Laura Westendorf
Beverly Whipple
Ariel L. Witbeck
Melissa Wohlgemuth

Karen L. Chandler
Cindy Chapman
Markie Clowes
Jennifer Connor
Jennifer Cournoyer
Gail Cowie
Lois Cozyris
Julie E. Cristol
Amy Crofts
Sarah Davis
Louise Delano
Mary Frances Derby
Judith Ditzler
Ronald Dobson III
Marlene Drescher
Joanne L. Earp
Carolyn A. Eaton
Ruth E. Eisenberg
Sandra C. Eskin
Clare Feinson
Susan Ferguson
Mary-Christy Fisher
Susanne E. Fountain
Brenda Frank
Elizabeth Friedland
Robert Friedman
Elizabeth Fuchs
Elizabeth Gallagher
Phyllis A. Garcia
Jenni Genson
Rachael Gershenson
Judith B. Gertler
Mickey Gillmor
Carol B. Glasheim
Marguerite F. Godbold
Nancy Goldberg
Bridgette Gomez
Karen T. Gotwalt
Maxine Grad, J.D.
Rolaine Grandey
Mary Z. Greenebaum
Margaret Hall
Wendell Harry
Dale and Stephen Hoffman
Dana B. Hopper
Frances L. Hornstein
Sarah Hudson
Nancy M. Hughes
Constance Hunter
Evelyn Ishmael
Kira S. Jones
Pamela Judson Rhodes
Harriet Kanstroom
Gayle A. Kaplan
Gail M. Kaufman
Rosemary J. Keller
Katherine Kiehn
Elizabeth W. Knowlton
Beth M. Kozlowski
Kathy Kriston
Rebecca Kugel
Katherine J. Laffey
Yvonne LaLanne, D.C.

Katherine Lawrence
C. Lee
Carol F. Leith
Lawrence and Claire B. Levine
Eleanor R. Lewis
Frances S. Liau
Caroline Luft
Connie Madden
Iris Magidson
Joy E. Martin
Emily Marwell
Charlea T. Massion
Marie H. McGlone
Debra J. McMillin
Carol Mermey and
Erik Lichtenberg
Mary H. Metz
Joyce Miller
Marcella Mohamed
Barbara D. Moore
Eva S. Moseley
Anne Moulton
Pita Navarro
Carol T. Neely
Jan Ogren
Susan M. Olson
Michele Oppliger
Robin D. Ozerkis
Leslie H Paoletti
Bindiya G. Patel
Iva Perlman
Jane Petro
Emily Plank
Patricia Plautz
Ellen M. Poss
Anne Pound
Deborah L. Raboy
Rosemary Regis
Susan Revery
Susan Rietano
Carol B. Robin
Kimberly Robinson
Eve Rosahn
Shelley Rosenstein
Harriet Rubenstein
Susan Rubin
Susan Rubin
Wendy Sarvasy
Diane Schilling
Susan M. Seibold-Simpson
Lois (Lisa) Q. Semmens
Diane Shamas
Marilyn Shapiro
Nancee Shifflett
Debra Shores
Hannah P. Shostack
Janey Skinner
Toni J. Smith
Bonnie Spanier
Sue Stadler
Diane Steingart
Susan L. Steinhauer
Denise R. Stephenson
Susan Sterngold

Betsy Strausberg
Janis L. Strout
Cindy Swessel-Hofer
Donna J. Thal
Nancy M. Theriot
Jo Ann Thomas
Michele Thornley
Kathy M. Tilford
Mary L. Till
Susan Traff
Merry Tucker
A. Dale Tussing, Ph.D. and
Ann K.U. Tussing
Joan Underwood
Catherine Valsamoulis
Cornelia Van Der Ziel, M.D.
Gerry Veeder
Debby Vivari
Mary E. Warden
Megan Watson
Tracy Weber
Margaret L. Weber-Levine
Carol S. Weisman
Roberta Willenkin
Aletta T. Wilson
Steve A. Wirtz
Virginia K. Wolfe
Holly Wolff
Nancy A. Worcester, Ph.D.
Diana Zuckerman, Ph.D.

Foundations, Corporate, and Organizational Donors

\$100,000+

Anonymous (1)
Open Society Foundation

\$50,000-\$99,999

The Oak Hill Fund
The Jana Foundation, Inc.
The American Association
for Justice
Irving Harris Foundation

\$25,000-\$49,999

Groundswell Fund

\$10,000-\$24,999

Charter Charitable Foundation
Lorraine and Harley Higbie Fund

\$5,000-\$9,999

Padosi Foundation
Topol Family Foundation
Coleman Family Foundations
NVG, LLC
Pomerance Fund
Rochester Area Community
Foundation

\$2,500-\$4,999

Lawrence Family Foundation

\$1,000-\$2,499

Rural Action Fund
The Sahren Fund
Black Women's Health
Imperative
Physicians for Reproductive
Health
Protea Fund

\$500-\$999

Grey State Apparel LLC
Periodontal Partners, LLC
Avalon Consulting Group
Pittsburgh Foundation
The Gendell Family Charitable
Gift Fund

\$250-499

The Fleischer Family Legacy
Fund

Collective Legacy

*These individuals have included
the NWHN in their estate plans. For
more information, please contact the
Development Department at
202-682-2640 or membership@nwhn.org.*

Maya Abels
Sally Ahnger
Phyllis Chesler, Ph.D.
Adele E. Clarke
Naomi W. Cohen
Belita Cowan
Marlene Drescher
Judith A. Forsythe
Adriane J. Fugh-Berman, M.D.
Patricia H. Gold
Susan R. Hester
Anne Kasper, Ph.D. and Tom
Kasper, Ph.D.
Clare Kirby
Kimberly J. Lau, Ph.D.
Gerard Leeds
Dr. Karen Magarian
Joy E. Martin
Charlea T. Massion, M.D.
Nancy Milio
Carol C. Mukhopadhyay, Ph.D.
Dana Muller
Judy Norsigian
Jan Ogren
Ruth Anne Paul
Cynthia A. Pearson
Susan E. Schewel, Ph.D.
Karen Stamm
Roger Telschow
Dr. Kayla M. Weiner
Diana Zuckerman, Ph.D.

*Donor is deceased